



CODE OF BUSINESS CONDUCT AND ETHICS



A MESSAGE FROM OUR FOUNDER, CHAIRMAN AND CHIEF EXECUTIVE OFFICER

To all Officers, Directors and Employees
of Continental Resources:

We work for a dynamic company that is changing the world. Our Number One asset is you; the People of Continental. Your honesty, hard work and integrity contribute to and are largely responsible for our success. Every one of you contribute and lead by your individual strong performance and ethical behavior. You are personally responsible and accountable for helping Continental Resources maintain its commitment to the highest standards of integrity. To that end, our Board of Directors has established a Code of Business Conduct and Ethics to formalize and describe our commitment and obligations to the high standards of business and ethical conduct.

Our Code of Business Conduct and Ethics is rooted in our culture. It is who we are. We do what we say we will do. Through our activities, both large and small, individually and collectively, we serve our communities and help make them better places to live and work. As employees and directors of Continental Resources, we all must understand, comply with and execute our jobs with integrity according to our Code. It is how we demonstrate our Core Values of safety, honesty, integrity, fierce competition and teamwork.

Join me in pledging to uphold and comply with our Code of Business Conduct and Ethics in all that we do. If you have questions or concerns about our Code, please contact your manager, our Legal Department or our Human Resources Department.

As we continue to build our leadership as America's Oil Champion, let's make certain our Code of Business Conduct and Ethics is at the core of how we do business.

With these efforts, Continental Resources is changing the world by contributing directly to energy security in the United States.

Harold Hamm

Founder, Chairman and Chief Executive Officer
Continental Resources, Inc.



OURS IS A CULTURE OF THE POSSIBLE

We believe in our employees, our work and our potential to change the world. Inherent in this belief is a set of distinct CORE VALUES that have empowered us to grow from a grassroots startup into an NYSE-traded, Top 10 producer of crude oil in the U.S. Lower 48. With rock solid assets, rock solid people and a rock solid outlook, these are the values that will guide Continental as America becomes the market of choice to oil-consuming nations across the world.



CORE VALUES

SAFETY

We take care of ourselves and others, and we endeavor to be good stewards of our health, our assets, the environment and the interests of our stakeholders.

HONESTY

We are fair, genuine and sincere in our intentions and actions, treating everyone with respect; without it we fail.

INTEGRITY

We are committed to the highest ideals, quality, standards and sound business practices; we do what we say.

FIERCE COMPETITION

We have the courage to challenge conventional thinking and we strive to achieve exceptional execution and results with a can-do attitude, independent vision and agility.

TEAMWORK

We believe that leadership, unconventional thinking, planning, decisions and actions are better when done together; we have each other's back.



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INTRODUCTION

The Continental Resources, Inc. Code of Business Conduct and Ethics (referred to as “Code”) is intended to be an overview and is not intended to be an all-inclusive list of rules. Rather, it is a resource to provide general guidelines about acceptable business conduct and to alert us of legal and ethical issues. Company-wide policies and procedures provide additional guidance, should be consulted and can be found on the Company intranet site as follows: <http://clrnet/policies/SitePages/Home.aspx>.

Supervisors, the Human Resources Department and the Company’s General Counsel and Legal Department are available to answer questions regarding this Code, the Company’s policies and procedures and applicable law.

This Code may be amended only by the Company’s Board of Directors.

Please carefully review the information contained in this Code. You will be asked to affirm that you have read, understand, agree to, abide by and acknowledge your receipt of this Code.

PURPOSE

The Board of Directors of Continental Resources, Inc. (the “Company”) adopted this Code, which is applicable to all directors, officers and employees of the Company (“Employees and Directors” or “we” or “us” or “our”) (which for purposes of this Code includes corresponding positions held at the Company’s subsidiaries and affiliates). The purposes of this Code are to:

- promote honest and ethical conduct consistent with the Company’s Core Values, including the ethical handling of actual or apparent conflicts of interest between personal and professional relationships;
- assure the best interests of the Company’s Shareholders are being served;
- promote the full, fair, accurate, timely and understandable disclosure in reports and documents the Company files with, or submits to, the Securities and Exchange Commission (the “SEC”), and in other public communications made by or on behalf of the Company;
- promote compliance with applicable governmental laws, rules and regulations;
- deter wrongdoing; and
- require prompt internal reporting of breaches of, and accountability for adherence to this Code.

Did You Know?

CONDUCT THAT TAKES PLACE OUTSIDE OF WORK OR OFF COMPANY PREMISES MAY VIOLATE OUR POLICIES IF IT HAS AN IMPACT ON OUR WORKPLACE.

“For over 50 years, we have remained resolute in maintaining the highest core values. We have been unwavering in this commitment as it is who we are. We will always strive to do the right thing, all the time, regardless of anything else.”

**RAMIRO RANGEL, SENIOR VICE PRESIDENT,
MARKETING AND HUMAN RESOURCES**



HONEST, ETHICAL AND FAIR CONDUCT

We owe a duty to the Company to act with integrity and in a manner consistent with the Company’s Core Values. Integrity requires, among other things, being honest, fair and candid. We must:

- observe all applicable governmental laws, rules and regulations (referred to herein as “Laws”);
- adhere to high morals and standards of business ethics and not seek competitive advantage through unlawful or unethical business practices;
- protect the assets of the Company and ensure their proper use;
- refrain from taking personal opportunities that are discovered through the use of corporate assets or using corporate assets, information or position for general personal gain outside the scope of employment with the Company;
- avoid conflicts of interest wherever possible, as discussed below;
- act with integrity and maintain the confidentiality of the Company’s information where required or in the Company’s interests; and
- comply with the requirements of applicable accounting and financial reporting standards, as well as Company policies, in the maintenance of a high standard of accuracy and completeness in the Company’s financial records and other business-related information and data.

COMPLYING WITH LAW AND POLICIES

We must respect and comply with all Laws of the United States, states, counties, cities and other jurisdictions (including countries) in which the Company conducts its business. In addition, we may not assist any third party in violating any Law. This policy applies even where such assistance would not itself violate any Laws.

LOYALTY AND CONFLICTS OF INTEREST

The Company expects undivided loyalty from each of us. We may not engage in any activity (whether on or off the job) that conflicts or could potentially conflict with CLR's business interests, adversely affects the reputation of the Company, our customers, vendors or other business relationships, or interferes with the fulfillment of our responsibilities or duties. Any and all activities we undertake must be performed in the best interests of the Company.

A conflict of interest exists when our duty to give undivided business loyalty to the Company is or may be prejudiced by an actual or potential benefit from another source. Potential benefits include accepting gifts on behalf of friends and family members if the gift or benefit would or could be perceived to present a conflict of interest or impropriety if accepted by us personally. We must avoid conflicts of interest and follow applicable policies and procedures for reporting and addressing matters that may present conflicts of interest.

All contacts and dealings with customers, vendors or others with whom the Company has a business relationship must be conducted so as to avoid even the appearance of impropriety or conflict of interest. We may not offer, ask for,

provide or accept anything of value either for us or for others in return for favorable treatment from the Company, its customers, vendors or others with whom the Company has a business relationship. We may give or receive gifts of nominal value, as described in our Business Ethics and Conflicts of Interest Policy, motivated by accepted business courtesies. No monetary or cash gifts or gifts of cash equivalents (such as gift vouchers) may be given or received. We are expected to follow applicable Company policies in connection with business meals and entertainment. In connection with gifts, meals or entertainment it is not acceptable to: (i) accept such items as a private individual; (ii) accept such items if illegal or harmful to the Company's reputation; or (iii) pay personally for gifts or entertainment to avoid seeking required approvals.

Conflicts of interest are prohibited as a matter of Company policy except under guidelines approved by the Board of Directors, a committee of the Board of Directors or as set forth in Company policies. We must disclose any financial or employment interests which we or our family members have in any entity which does business or competes with the Company in accordance with applicable Company policies and must obtain any approvals required by such policies before allowing the Company to engage in any transaction in which you or your family members have an interest.

We are not permitted to perform services for a competitor of the Company. Employees are not permitted to accept employment with, or act as consultants or agents for a customer, vendor or other entity with which the Company has a business relationship. Employees seeking other paid employment or position outside the Company must obtain approvals required by applicable Company policies prior to accepting such employment.

We are individually responsible for identifying, understanding and following such procedures as the Company adopts from time to time to allow the Company to identify certain transactions to be presented to the Company's Audit Committee for review and/or approval.

“The highlight of my career is all the great people I have worked with at Continental. Their loyalty, character, technical strength, creativity and can-do attitudes are contagious. They don't see obstacles; they see opportunity.”

JACK STARK, PRESIDENT

CORPORATE OPPORTUNITY

We are prohibited from: (i) taking personally opportunities that properly belong to the Company or are discovered through the use of corporate property, information or position; (ii) using corporate property, services information or position for personal gain; and (iii) competing with the Company during the course of our employment and/or during the term of any applicable agreement with the Company. We owe a duty to the Company to advance its legitimate interests when the opportunity to do so arises and to follow applicable Company policies in informing the Company of business opportunities that fall within the Company's business purpose and practice.

BUSINESS PRACTICES

We strive to outperform our competition fairly and honestly. We focus on competitive advantages through superior performance and never through unethical or illegal business practices. Stealing or misusing proprietary information, possessing trade secret information that was obtained without the owner's consent, or inducing such disclosures by past or present employees of other companies is prohibited.

CONFIDENTIALITY AND PROPRIETARY INFORMATION

In conducting the Company's business it is necessary and important for the Company to maintain the confidentiality of its business information and the business information of our customers, vendors and other suppliers. Your relationship to the Company creates a relationship of confidence and trust with respect to confidential information of the Company and any other persons or entities with which the Company has a business relationship. Except as permitted by applicable Company policies, such confidential business information may not be divulged or communicated in any manner, and you are expected to take reasonable precautions to protect against the inadvertent disclosure



of such information. You are expected to understand and comply with applicable Company policies governing the treatment of confidential business information and the procedures required before sharing such information with third parties. We may only use confidential business information for the business purposes of the Company in order to benefit the Company.

ANTI-BRIBERY, CORRUPTION & FAIR DEALING

We have a responsibility to the communities in which we do business. We respect them and want them to benefit from our being there. By creating wealth and jobs, developing useful skills and investing our time and money in people, we aim to make real improvements that contribute to sustainable growth. Our Company's sustainability depends on embedding ethical behavior across our operations and business. Bribery is unethical and illegal. This Code is unequivocal in prohibiting bribery or corruption in any form, whether in the private or public sector.

It is our intention to deal fairly with our customers, suppliers, competitors and anyone within the Company. You may not take unfair advantage of anyone through manipulation, concealment, abuse of privileged information, misrepresentation of material facts or any other unfair dealing or practice. We may not pay, offer or authorize any bribe or unlawful payment on the Company's behalf. Bribery is the giving of money or anything else of value in an attempt to influence any act or decision of a public official or to induce a public official to influence any act or decision of the government or other official body, or to assist the Company in obtaining business or meeting requirements applicable to the Company. Gifts or expenditures expressly permitted by Company policies are not considered bribes or unlawful payments. You are required to promptly report any violation to the General Counsel. Directors should report any violation to the Audit Committee.

You may be asked to sign a separate attestation acknowledging your understanding and agreement to abide by the Company's policies concerning anti-bribery, corruption and fair dealing.

Did You Know?

INSIDER TRADING RULES APPLY TO THE MATERIAL AND NONPUBLIC INFORMATION OF ANY PUBLICLY TRADED COMPANY THAT YOU LEARN ABOUT IN THE COURSE OF YOUR EMPLOYMENT. YOU MIGHT LEARN INSIDE INFORMATION ABOUT THE COMPANY, CUSTOMERS, VENDORS, BUSINESS PARTNERS OR OTHER PUBLICLY TRADED COMPANIES. IT IS ILLEGAL TO BUY OR SELL SHARES IN THESE COMPANIES WHILE YOU KNOW INSIDE INFORMATION.

“Integrity is doing what’s right whether anyone is watching or not. I believe this is the Continental way and an integral part of our Continental culture.”

LORI EHARDT, ASSISTANT CONTROLLER

PROTECTION AND PROPER USE OF COMPANY ASSETS

We are required to protect the Company's assets and ensure their efficient use. Theft, carelessness, and waste have a direct impact on the Company's profitability. All Company assets should be used for legitimate business purposes.

INSIDER TRADING

The Securities Exchange Act of 1934 prohibits insider trading. “Insider trading” generally refers to the buying or selling of a security (of the Company or any other entity) by a person who is in possession of material, non-public information relating to the security. Insider trading violations also include providing such information to others (“tipping”) and securities trading by the person tipped.

Since the insider trading rules apply to any entity about which non-public information is acquired, we must not buy, sell or engage in tipping with respect to securities of any customer, vendor, supplier or any other entity with whom the Company has a business relationship where material, non-public information is obtained in the course of work with, or the performance of services on behalf of, the Company. Such information should be treated in the same manner as information related directly to the Company.

We are expected to take reasonable precautions to ensure non-public information is not shared with third parties outside the Company. Finally, we are also responsible to ensure sufficient time has elapsed following the release of any non-public information, to allow the market to absorb such information, prior to engaging in any trade that would have been prevented by the non-disclosure of such information.

You are expected to understand and abide by Company policies governing insider trading and related matters.

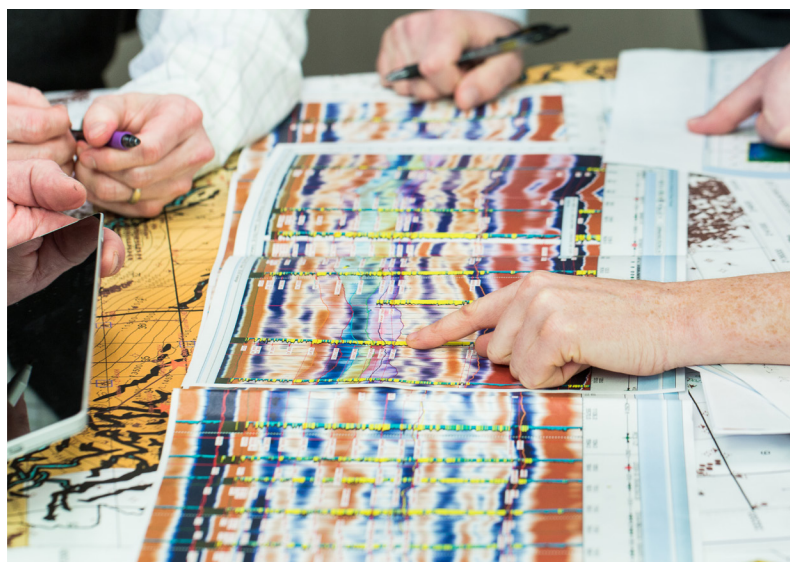
POLITICAL CONTRIBUTIONS

Laws in most countries have strict limits on political contributions by corporations to politicians, political parties and candidates for public office. We may not make any direct or indirect political expenditure on behalf of the Company unless authorized by the General Counsel. This includes contributions to candidates, office holders, political parties and other political officials or committees. Contributions can include anything of value, such as buying tickets to a political fundraising event, providing goods or services to a political campaign event, paying for campaign advertising or distribution of campaign materials.

United States law prohibits the Company from making contributions to United States federal candidates. The Company sponsors the Continental Resources, Inc. Political Action Committee (the “CLR PAC”), to which certain employees may make voluntary contributions to support the CLR PAC’s objectives. The CLR PAC is able to make contributions to candidates for United States federal office and other contributions permitted by applicable federal and state laws. For questions regarding the CLR PAC, please contact our Vice President of Government Relations.

WHISTLEBLOWER POLICY

You are required to disclose to your supervisor, senior corporate officers or the Audit Committee (in connection with matters related to the Company’s internal accounting controls, financial records, financial reports or audit reports—“Financial Control Issues”) events of a questionable, fraudulent, unsafe or illegal nature or matters that may represent a violation of this Code. To support our commitment to the highest ethics, honesty and fair conduct, the Company has established policies and procedures for: (i) receipt, retention and treatment of complaints involving any act or omission that is a violation of this Code or is of a questionable, fraudulent, unsafe or illegal nature; and (ii) the confidential, anonymous submission by Employees of concerns in connection with any of the foregoing types of acts or omissions (referred to herein as “Complaint” or “Complaints”). If you are unsure about the appropriate course of action in a given situation, you are encouraged to consult with your supervisor, senior corporate officers or the Audit Committee. We all must review, understand and abide by the policies and procedures governing the receipt, retention and treatment of Complaints.



when making Complaints, because appropriate follow-up and investigation may not be possible if the source of the Complaint is unknown. Confidentiality will be maintained to the fullest extent possible, consistent with the need to conduct an adequate investigation. The identity of the reporting person will be shared only with persons whose decisions are not implicated by the Complaint. Anonymous Complaints will be considered under the Company’s policies and procedures and every effort will be made to investigate or determine if the Complaint is credible.

To facilitate your ability to submit Complaints easily and without fear (including anonymous submission if desired), the Company has established an Ethics Hotline.

The Ethics Hotline number is 1-844-830-0002.

Reports to the Ethics Hotline may also be submitted online at www.lighthouse-services/clr or by email to reports@lighthouse-services.com.

Complaints may also be submitted anonymously by internal or regular mail. In addition, Complaints may be delivered confidentially, orally or in writing, through in-person communications, telephone conversations, emails and letters. If a Complaint is written and you wish to remain anonymous, the Complaint should not be submitted directly to the Company via email and you should take care to submit a letter without a return address or other identifying marks. Written Complaints submitted through the Ethics Hotline will remain anonymous.

All Complaints will be forwarded to the General Counsel, unless the Complaint involves the General Counsel or Financial Control Issues, in which case they shall also be forwarded to the Chair of the Audit Committee. Any Complaint involving the General Counsel shall only be forwarded to the Chair of the Audit Committee.

Any individual, who in good faith reports a Complaint, even if the report is mistaken, or who assists in the investigation of a reported violation, will be protected by the Company and should have no fear of dismissal or retaliation of any kind.

BUSINESS RECORDS AND PUBLIC COMPANY REPORTING

As a public company, it is of critical importance the Company's filings with the SEC, New York Stock Exchange, and other regulatory authorities, are accurate, understandable and timely (collectively, referred to herein as "Filings"). Similarly, all other public communications made by the Company must be accurate, understandable and timely ("Public Communications" and together with Filings, "Public Reports"). Depending on your position with the Company, you may be called upon to provide necessary information to assure the Company's Public Reports meet these standards. The Company expects you to take this responsibility very seriously and to provide prompt, accurate answers to inquiries related to the Company's Public Reports. All of the Company's books, records, accounts and financial statements must be maintained in reasonable detail, must accurately reflect the Company's business and financial transactions and must conform both to applicable legal requirements and to the Company's system of internal controls. You must not falsify or forge any business record. Unrecorded or "off the books" funds or assets may not be maintained unless permitted by applicable law or regulation.

TOBACCO FREE WORKPLACE

Continental Resources, Inc. is committed to providing and maintaining a healthy and safe work environment for all employees. Because of the growing evidence of the harmful effects of tobacco products, including, but not limited to, cigarettes, electronic cigarettes, cigars, pipes and smokeless or "spit" tobacco, Company facilities and other Company owned property have been designated as tobacco free, except for designated smoking areas.

Did You Know?

CERTAIN CONDUCT MAY VIOLATE OUR POLICIES EVEN IF IT DOES NOT MEET THE LEGAL DEFINITION OF HARASSMENT.

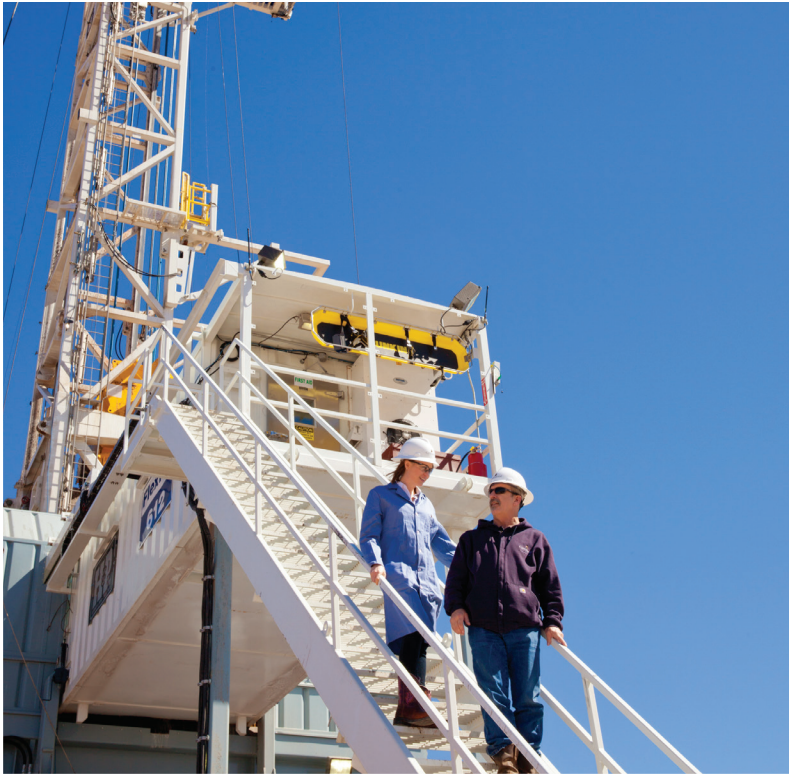
HARASSMENT, DISCRIMINATION AND RETALIATION

It is the policy of Continental Resources, Inc. to afford you with a hospitable, cooperative, and non-coercive environment in which to work. We recognize that harassment and discrimination of any kind directed at any employee, customer, or vendor will not be tolerated. Anyone guilty of engaging in such harassment or discrimination will be subject to appropriate discipline, up to and including discharge. The Company will not tolerate harassment or discrimination because of sex, race, religion, disability, age, gender, sexual orientation, national origin, genetics or any other basis protected by federal, state, or local law.

Retaliation at Continental Resources, Inc. is strictly prohibited. Any individual, who in good faith reports a complaint, even if the report is mistaken, or who assists in the investigation of a reported violation, will be protected by the Company. Retaliation in any form against these individuals will not be tolerated. Any act of retaliation should be reported immediately and will be disciplined appropriately.

HEALTH, SAFETY, SECURITY & ENVIRONMENT

Continental Resources, Inc. is committed to operating in a healthy, safe, secure and environmentally responsible manner. We care about the well-being of people with whom we work and those who come into contact with our business activities. We are committed to Health, Safety, Security and Environment ("HSSE") and operational excellence as a cornerstone of our Company's culture and a guiding principle for its continued growth. To achieve HSSE excellence, we will strive to ensure Continental Resources, Inc.'s compliance with applicable health, safety, security and environmental regulations and conduct our Company's operations in a manner which promotes an injury free workplace, manages HSSE risk, and protects our stakeholders, assets and the environment from harm. As such, Continental Resources, Inc. has adopted several policies, standards and procedures that help us manage HSSE risks and you must review and comply with such policies.



DRUG AND ALCOHOL

Due to the many potential risks associated with workplace substance abuse, we have adopted a Drug and Alcohol Free Workplace Policy. The Policy applies to all Continental Resources, Inc. employees and contractors, vendors, and other third party service providers (collectively, “Contractors”) authorized to perform work on or be present at “Company Property or Jobsites”, which includes all real or personal property, including, but not limited to, facilities, lease locations, buildings, vehicles, products and equipment, either owned or controlled by the Company.

TRAVEL AND BUSINESS EXPENSE

When travel is required as part of the Company’s business, our Company’s values require that your business travel is conducted responsibly and economically and that standards of travel are consistent with your reasonable expectations of safety, comfort and convenience. You should review and comply with the Company’s Business Travel Expense Policy.

INDIRECT ACTION

If you attempt to or take any action prohibited by this Code indirectly through a friend, family member or other third party, you are in violation of this Code, as if you attempted to or took the action directly.

VIOLATION

A violation of this Code by any Employee, in addition to other potential consequences and/or penalties, could result in appropriate disciplinary action up to and including discharge from employment. Actual or suspected violations of this Code will be promptly investigated and addressed as appropriate.

AMENDMENT, MODIFICATION AND WAIVER

Subject to the disclosure and other provisions of the Securities Exchange Act of 1934, and the other applicable rules for the Company, this Code may be amended or modified (in whole or in part) by the Board of Directors. Consistent with New York Stock Exchange listing requirements, only the Company’s Board of Directors or a committee of the Company’s Board of Directors may waive a provision of this Code for executive officers or directors, and any waiver will be promptly disclosed to the public. Waivers of this Code for any other person may be made only by an appropriate officer.

**“We are committed to doing things
the right way, the first time.
With us, safety and execution
must go hand in hand.”**

**KEVIN MISCHKE,
NORTH DAKOTA DRILLING SUPERINTENDENT**



Adopted by the Board of Directors of Continental Resources
Effective September 1, 2014
Technical Revisions: August 6, 2015, November 21, 2016,
September 20, 2017, October 18, 2018